



## **Have you considered volunteering at Sunrise Haven?**

**Volunteering your joy? Your special interests? Your natural desire to give?  
Your love of Christian Science and its blessing for mankind?**

Volunteers are a HUGE help to Sunrise Haven! They enrich the days of patients and guests through reading aloud, providing music, sharing their unique interests and experiences, and helping with a variety of special activities. Often the fresh spiritual insight of a volunteer (spoken or unspoken) gently moves thought in a healing direction.

Some of the ways volunteers are helpful include:

### **Activities**

- Reading at Wednesday church service  
(usually held at 1:15 p.m.)
  - Reading to patients
  - Playing the piano for church service or hymn sings
  - Singing or playing a musical instrument
  - Gathering your musician friends to present a short program
  - Bringing your pet to visit
  - Sharing your travel experiences or other special interests
  - Got another idea? Let's hear it! \_\_\_\_\_
- 
- 

### **Grounds**

- Plant annuals in containers
- Assist gardener from time to time

**Please check any of these that are of interest to you. Then turn the page to tell us more about yourself.**

**Tell us about any special interests, skills, or talents that you might like to share with Sunrise.**

---

---

**Name** \_\_\_\_\_

**Best phone number to reach you** \_\_\_\_\_

**Email Address** \_\_\_\_\_

**Address** \_\_\_\_\_

**City/State/Zip** \_\_\_\_\_

**Children bring much joy to Sunrise!** Do you have children who might enjoy volunteering, either with you or on their own? Tell us about them. \_\_\_\_\_

---

The next step will be for us to talk about your volunteer interests and your availability. We'll set a time for you to begin and, later, you can tell us how often it would be convenient for you to come.

What is the best day and time for me to call you? \_\_\_\_\_

Please leave this form with one of our staff members, or mail it to me, or simply phone or email me.

Thank you so much! I'll be in touch with you soon.

Bonnie Demaree  
Business Manager  
253-813-2096 ext. 4  
businessmanager@sunrisehaven.org  
24423 100<sup>th</sup> Ave SE, Kent WA 98030