



Humanity loved, blessed, healed • Christian Science nursing inspiring, loving and healing humanity

Greetings dear friends!

The Sunrise Haven Board is grateful for all the good expressed this year in many loving and kind ways. As the weather is changing around us, Sunrise Haven, too, has experienced change. Our Executive Director Emma Flavin has resigned to pursue new opportunities.

Emma brought a depth of Christian Science Nursing practice with her that blessed Sunrise Haven and strengthened our team. Emma oversaw the multi-year kitchen remodel project which required the approval of multiple governing agencies. She brought environmentally friendly upgrades such as energy efficient LED lighting throughout the building and the purchase of a hybrid vehicle for staff use. Emma's artistic background was expressed in beautiful newsletters, meaningful workshops, our new annual Christmas Sing, exterior painting of the building, the sign in front of the building, and other creative expansions. We are so grateful to Emma for how her service has strengthened Sunrise Haven's ability to shelter the practice of Christian Science nursing care.

The Board is grateful to announce that Rachel Schutz has temporarily stepped down as Trustee to serve as Acting Executive Director and shepherd Sunrise through this transition while we begin the search for a permanent Executive Director.

More gratitude goes to Kristin Jamerson who completed six years as a Trustee in August. She helped develop a living 5-Year Strategic Plan and a Capital Operating Plan to help

From the Board

drive our budget and navigate Sunrise Haven steadily into the future. Thank you, Kristin, for all you gave!

We're excited to share that we've welcomed Gwenn Mayfield of Boise, Idaho as a new Trustee this month. She brings 40 years of business experience to Sunrise Haven. Welcome Gwenn!

The activities of our healing ministry proceed uninterrupted:

- Sunrise Haven serves 5 states: Alaska, Washington, Oregon, Idaho and Montana
- We accept Christian Scientists who need Christian Science nursing care while they work with a Christian Science practitioner for quick and whole healing.
- Our Christian Science nurses follow the *Church Manual* By-law requirements: "demonstrable knowledge of Christian Science practice, ... practical wisdom necessary in a sick room, and proper care of the sick" (*Church Manual*, 49:10).

Your generous support of Sunrise Haven, through financial gifts, volunteering your time, and offering prayerful support, is essential to our healing ministry. Together, we can fulfil Mrs. Eddy's desire to provide a haven for those relying on Christian Science.

We'll see many of you at Sunrise Haven for a Christmas Sing on December 7 at 1:30!

Lovingly,
The Sunrise Haven Board of Trustees

*Come we daily then,
dear Father,
Open hearts and
willing hands,
Eager ears,
expectant, joyful,
Ready for Thy right
commands.
We would hear
no other voices,
We would heed
no other call;
Thou alone art good
and gracious,
Thou our Mind and
Thou our All.
(Hymn. 58:2)*

Our vision: Humanity loved, blessed, healed

Our mission: Christian Science nursing inspiring, loving and healing humanity

Volunteer Opportunity

Our guests love morning Bible Lesson study at 9:00 in our cozy day room.

Local volunteers are invited to join us in person and lead the reading and discussion of our weekly sermon. If interested, please contact our volunteer coordinator, Bonnie Demaree, at businessmanager@sunrisehaven.org and we'll find a day that works for you. Please share this invitation with friends and family who might be interested. We look forward to including you in our Bible Lesson study!

New Trustee, Gwenn Maxfield

I am a life-long Christian Scientist, raised in Anacortes, WA, and graduated from the University of Washington and the University of Hawaii with a liberal arts degree and an MBA, respectively. After 40 years living and working in the Bellevue and Covington areas, my husband and I retired to Anacortes. In 2019, we moved to Boise, ID, to be close to our son and his family, including two infant boys. Retirement has provided me an opportunity to row (crew) and ski more, as well as begin playing Pickleball!

Loving and growing in Christian Science has been an important part of my life, which includes class instruction, many church positions in Redmond, Bellevue, Mt. Vernon and Boise, and appreciation for the demonstrations (mine and others) of what we study. Shortly I will complete a 3-year term as a Boise church Executive Board member and am looking forward to supporting the healing mission of Sunrise Haven. Thank you all for your contributions — it takes a team!

Rest & Study

Guests are invited to stay with us for Rest and Study at any time.

Settle into a quiet environment, let someone else fix you delicious meals, and dig into your spiritual progress without distractions. Rest & Study fees are \$125 per night including meals. Call to reserve your time, 253-813-2056.

Outpatient services

Our Christian Science nurses are always ready to assist those who need immediate attention, but who don't require an overnight stay. Examples of care include cleansing or bandaging, constructing a sling, demonstrating how to safely use crutches. Contact us in advance at csnursingdept@sunrisehaven.org or 253-813-2096 to discuss your needs.

Testimonial

In November, six technicians replaced all six heating units on the roof at Sunrise Haven. As the Maintenance person, I observed the process from 5am to 3:30pm. I was praying, knowing that divine Mind was guiding and directing each individual safely and intelligently to do his work. Each unit had to be disconnected from power and gas, then carefully removed from its base by crane. The operator of the crane and the technician on the roof had two-way radios and neither could see the other. Only precise verbal directions were given. Then the process reversed for installing the new units, with all the extra hook ups.

The closest analogy I can think of is a symphony. Each technician did whatever was needed with no arguments, just collaboration. They took no breaks and no lunch to make sure that the work was done in one day and Sunrise Haven's guests and staff didn't have to spend a night without centralized heat. I told the company how impressed I was with the efficiency of the crew and how grateful we were for getting this job done in one day!

Thursday, two technicians came back to do some finishing work on the system. I asked one if all jobs went this well and he said no. Even he was impressed with how smoothly everything went for this big of a job. It was a joy to watch God's work in action.

— *Bob Litzkow, Maintenance*

From the Executive Director

Dear Sunrise Haven friends and family,

We are entering the Christmas season of joy and reflection, contemplating all that's been given and gained over the past year. Isn't the most precious gift of all the dawning of the Christ, Truth, in our thought? At Sunrise Haven, our whole year feels like Christmas morning as we celebrate the quick and whole healings that the Christ brings!

You are invited to help make this coming year full of those Christ-like moments for the guests and staff here. Mrs. Eddy writes of the Christ as, "... the birth of Truth, the dawn of divine Love breaking upon the gloom of matter and evil with the glory of infinite being" (My. 262:12). Sunrise Haven is dedicated to supporting those relying on the Christ to break the gloom with the glory of infinite being. Your generosity has the power to embrace the world in the tender ministry of our mission: Christian Science nursing, inspiring, loving, and healing humanity.

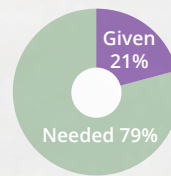
Double your gift! The generous members of a Christian Science church in Montana will match donations received before December 31, 2024 up to \$15,000! You can direct your donation to these three priority funds:

MINISTRY FUND: Help ensure our Christian Science nurses and staff receive competitive wages and benefits. They are the angels of this healing ministry!

COMFORT FUND: Keep us warm and dry by contributing to a new heating system, a total cost of \$70,000.

**HEATING SYSTEM,
\$70,000**

■ Given ■ Needed



BENEVOLENCE FUND: Lovingly support those who need to receive Christian Science nursing care without fear of its financial impact.

With your support, we will continue meeting the practical needs of those relying on the Christ, *the dawn of divine Love!*

Ways to Give

ONLINE: Click "Donate" at sunrisehaven.org

BY MAIL: Send a check made payable to Sunrise Haven to 24423 100th Ave, Kent, WA, 98030

BY DIRECT DEPOSIT: Use Zelle or your bank's online transfer system.

Thank you for your gifts! On behalf of everyone at Sunrise Haven, we wish you and your loved ones a Merry Christmas and a New Year filled with peace and *the birth of Truth.*

With abundant gratitude,
Rachel Schutz,
Acting Executive Director

Sunrise Haven
24423 100th Ave. SE
Kent, WA 98030
253-813-2096, 800-641-1718
www.sunrisehaven.org

Visiting Us: Bring a friend; we'd love to give you a tour. Do call ahead though, so we can be sure a staff member is available to show you around.

Services:

- 24-hour nursing care, including inpatient, outpatient, and relief care
- Consultation by phone or in-home
- Equipment rental
- Rest and study

Board of Trustees
Madeleine Wiley, *President*
Steve Glover, *Treasurer*
Trinka Wasik, CS *Secretary*
Lori Beatty, CS
Gwenn Maxfield

Executive Director (acting)
Rachel Schutz, CS / executivedirector@sunrisehaven.org

Co-Directors of Christian Science Nursing
Jennifer Scott and Pam Greene
csnursingdept@sunrisehaven.org



*A Christmas Sing
at Sunrise Haven*

December 7, 1:30-3:00

We hope you will join us for
live music with Sid Law,
holiday treats and singing,
youth performances and more!
We can't wait to sing with you
and your family. Please share
this invitation with anyone
who would love to attend.



24423 100th Avenue SE
Kent, WA 98030

Address service requested

NonProfit Org
US Postage
PAID
Permit 2400
SEATTLE WA