

Caring for One Another

Welcome to the Sunrise Haven Spring 2024 Newsletter! We are so grateful for your sustained interest in and prayerful support of our healing ministry, fulfilling our mission “Christian Science nursing inspiring, loving, and healing humanity.” We continually appreciate the dedicated and skillful work all our employees and the metaphysical devotion of our Board members. We are happy to welcome Lori Beatty from Great Falls, Montana as a new Board member!

On May 19th, we held our Annual Meeting, generously hosted by Third Church of Christ, Scientist in Seattle. The staff of Sunrise Haven shared inspired ways we can all care for one another, build community, and engage in fellowship. The workshop format for our meeting was inspired by how Mary Baker Eddy describes the qualities of a Christian Science nurse — a description that applies to all of us: “...one who has a demonstrable knowledge of Christian Science practice, who thoroughly understands the practical wisdom necessary in a sick, room, and who can take proper care of the sick” (Manual 49:10). You can read about the details of our interactive workshop in this newsletter and view an online highlight video at sunrisehaven.org.

– Kristin Jamerson, Outgoing Board President



**Emma Flavin,
Executive Director**

This year's Annual Meeting had two purposes; to bring our Christian Science church communities together for more engaged activity with one another and to provide hands-on experience for practical care at home in the following areas: Mobility, Food Modification, and Care for Families (bandaging). As our financial report to the field, we included a station for Finances/Medicare.

Each station had 1-2 Christian Science nurses leading an activity to deliver relevant and practical information to

our guests with their direct involvement. Attendees were counted off and split into four groups that spent 15 minutes at each station, rotating together when prompted. To conclude, we all came together at the end to debrief the experience and we received an overwhelming amount of gratitude and positive feedback for the informal hands-on structure of our meeting. Overall, people felt they were walking away with a little more knowledge of how to care for themselves and their loved ones. Based on encouraging feedback, we will follow a similar format again next year.

Mobility

"Blessed is that man who seeth his brother's need and supplieth it, seeking his own in another's good." – S&H 518:17-19

Our Mobility station covered how church members and family friends can help others in need when entering and exiting church and navigating the building. We discussed how small gestures of kindness can go a long way in the lives of others if we pay attention and open our eyes to one another.

Food

*"Fed by Thy love divine we live,
For Love alone is Life."
– Hymn 30*

We demonstrated how to modify a frozen micro-wavable meal to a soupy consistency by adding broth or other liquids along with how to put together a smoothie option that is delicious and fulfilling. Of course everyone enjoyed the samples.

2nd Aid/Care for Families

*"Let each his friendly aid afford,
And feel his brother's care."
– Hymn 105*

We emphasized the accessibility and practicality of care items that can be found in local stores anywhere that are helpful to keep at home. We handed out different products to everyone so they could see and feel how it can be used. One individual shared how inspired they were to know about waterproofing bandages and creative uses for items they have seen, but never used before.

Financial Report

"To those leaning on the sustaining infinite, to-day is big with blessings." (SH vii:1-2)

The healing activity going on at Sunrise Haven is an expression of Christly love, inspiring, comforting and healing all who come under its roof. The Board of Trustees cherish our dear Christian Science nurses and staff who are faithfully upholding our mission: Christian Science nursing inspiring, loving, and healing humanity. And we are deeply grateful to all of you who demonstrate your support in donations, grants, prayers, and volunteer hours. We feel embraced by your generous love!

Leaning on the sustaining infinite, acknowledging God as the source of all good, we are relying on the inspiration of divine Mind to guide each day. As a result, every day at Sunrise Haven is big with blessings! The Fiscal Year beginning October 1, 2022 and ending September 30, 2023 is a record of those blessings.

Total Income: \$1,353,640
Total Expenses: \$1,524,630
Yielded Net (Loss): (\$170,990)

Supply flowed from six major categories: Patient Fees, Donations, Grants, Bequests, Medicare Reimbursement, and Student Tuition. Sunrise Haven often operates at a

deficit and depends on donations, grants, and bequests to cover the gap between what it costs us to provide services and our daily rate, an average difference of \$291 per patient, per night. Your generous support helps us keep our rates affordable without sacrificing the quality of care we provide.

**Rachel Schutz, CS
Outgoing Board Treasurer**

In 2019, the Trustees dedicated a significant gift to supporting compensation for Christian Science nurses and staff. Its growth has enabled us to give annual Cost of Living Adjustments to all Sunrise Haven employees, which were especially needed to keep up with unusually high inflation in 2022. We were also able to give all employees pay raises at the beginning of 2024. Sunrise Haven is committed to valuing Christian Science nurses and staff by generously compensating them for their dedication to this healing mission. We also want those considering this career to know that it will support them abundantly. Every laborer is worthy of their reward (see 1 Tim 5:18).

Leaning on the sustaining infinite, we know every day at Sunrise Haven will be big with blessings and full of healing!

"The Draw to Sunrise Haven, What brought me here"

"The atmosphere at Sunrise Haven exudes genuine warmth and support, fostering a shared healing mission for patients and staff. The alignment of these principles with my beliefs, along with the opportunity to make a meaningful impact in such a nurturing environment, led me to Sunrise Haven and continues to fuel me every day."

– Journal-listed Christian Science nurse
(new employee)

"Sunrise Haven is a hidden gem in the Pacific Northwest and within our Christian Science Community. The clear sense that Sunrise Haven is a sanctuary for healing and healing is actively happening here is the main draw for me in returning time and again to be of support and service."

– current student

Resources



National Fund for Christian Science Nursing



Riperyears.org

Resources for Senior Christian Scientists



Promoting inspired benevolence in accordance
with the teachings of Christian Science

The DOMINION FOUNDATION
for Christian Science Nursing, Inc.

Providing financial assistance
for Christian Science Nursing



Christian Science Nurse Connections

VOLUNTEER OR EMPLOYMENT OPPORTUNITY

We are looking for either a volunteer or part-time employee who would like to support Sunrise Haven with the following:

- **3-days a week** of working 7a-3p in our kitchen. This is not like working in a commercial kitchen. Rather, it is similar to cooking for a family of six-eight. If you love to cook and are looking for a way to serve and have purpose in a Christian Science healing environment, we have a brand-new kitchen and would LOVE to have you as part of our team.
- **1x week** grocery shopper on Tuesdays (this entails a trip to Costco and/or a local grocery store)

Please contact Emma Flavin at
executivedirector@sunrisehaven.org if you
have questions and are interested.

Call Sunrise Haven 253-813-2096 x2

If you want help talking through a care situation or have questions about Christian Science nursing. We can be a resource for you. Simply call. We would love to support you remotely, so please do not hesitate to reach out.

Save the Date
for our

Christmas Sing
December 7th,
1:30p-3:00p
at Sunrise Haven.

Our Partnership with the Christian Science Provider Network

“The Provider Network joins Sunrise Haven and other Christian Science nursing facilities in supporting patients’ rights to maintain responsibility for the cost of Christian Science nursing care. And we help to ensure ongoing respect for Christian Science nursing by educating third-party payers about it – and the provisions in law designed to protect its practice. As the expense of health care has increased, so have the complexities of insurance reimbursement, raising the costs for the CSPN to process claims. Relying on the financial support of the field, the Provider Network has been able to continue to serve you, your loved ones, and Christian Science nursing facilities. Your donations measurably help this work.”

— Connie Pierce, Acting Executive Director of the CSPN



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800-641-1718

www.sunrisehaven.org

Visiting Us: Bring a friend; we’d love to give you a tour. Do call ahead though, so we can be sure a staff member is available to show you around.

Our vision:
Humanity
loved, blessed, healed

Our mission:
Christian Science nursing
inspiring, loving and healing
humanity

Services:

- 24-hour nursing care, including inpatient, outpatient, and relief care
- Consultation by phone or in-home
- Equipment rental
- Rest and study

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