



*Christian Science nursing
inspiring, loving and healing
humanity*



Spring 2022

Letter from the Board

The LORD hath appeared of old unto me, saying, Yea, I have loved thee with an everlasting love: therefore with lovingkindness have I drawn thee. (Jeremiah 31:3)

Much has been happening here at Sunrise Haven since our Annual Meeting in October. Divine Love remains at the helm, and we have continued daily to witness “humanity loved, blessed, healed” as we prayerfully navigate our way forward.

Former Executive Director, Patrice Edwards, informed the Board she would be retiring at the end of December, so we set about searching for a new Executive Director. We are very happy to announce we hired Emma Flavin who took the helm on January 5. We are so grateful for her vigor, love of Christian Science, and adherence to Principle as well as her fresh perspectives.

Emma leaped into the job and, as one Board member put it, was immediately “swimming fast and keeping her head above water.” Emma has beautifully transitioned into her leadership role, and has assumed all responsibilities of running the facility, supporting the staff, and prayerfully fulfilling Sunrise Haven’s mission. Sunrise Haven also has a new Business Manager, Mary Collins, who has gracefully stepped into this important role, overseeing our finances and operational needs. We are so blessed to have both Emma and Mary partnering together with our devoted staff to provide the very best care we can for our guests. Please join us in welcoming both Emma and Mary to our Sunrise Haven family.

Long time staff member Woody Minsk has assumed the role of Assistant Director of Christian Science Nursing, expanding his role and providing additional administrative assistance. We are grateful to Woody for answering the call and serving our organization in a more comprehensive capacity.

Our kitchen staff has been adjusted to accommodate the current needs and we couldn’t be more pleased. We are also undertaking a complete renovation to modernize the kitchen and bring it into compliance with the current standards required by the state.

All of these progressive steps are to more fully support our guests, creating the most uplifted atmosphere for healing, and to appreciate the graceful skills and effective care our staff expresses.

“Love inspires, illumines, designates, and leads the way.” (*Science and Health with Key to the Scriptures*, Mary Baker Eddy, p. 454:18-19) Indeed! We are so grateful for the love and grace that divine Love has bestowed on Sunrise Haven and all its occupants during this period of turnover.

With love to all and gratitude for all the good made evident. ■

A Return Home



Being divinely led to serve the Cause is often obvious while at other times the call to serve is more prolonged and roundabout. My journey to Sunrise Haven was an obvious directive, for which I am thankful.

After leaving Kent, WA for college in the Midwest, getting married, entering the practice of Christian Science nursing, and moving multiple times around the country for various work opportunities, I never anticipated a return to the place I felt most at home. Every new move provided forward progress of my Christian Science nursing practice. Each opportunity was a way to serve mankind that expanded my leadership responsibilities and embraced new roles.

Every time my husband and I attempted to relocate to the Pacific Northwest to be near family and friends, the details never fell into place. It was not until we realized the need to stop pushing or pursuing the idea of relocation that the opportunity to actually return to a place I love opened up and presented itself in a perfectly practical way. Listening to divine guidance led me to the next right step in my

career and service of Christian Science nursing in the very place I wanted to be.

When asked to consider the position of Executive Director at Sunrise Haven, I immediately let God know that I was not going to take part in the decision. I said, "This one is all yours, God. Only you can help me understand why now, and why this job." That is when the verse from hymn 51 came to me as an answer, "Love's work and Love must fit."

Love's work (the where, when, and how of divine Love's design) MUST fit within the harmony of divine Love itself. The expressions of Love needed and purposed for that work are already in harmony with it. I place emphasis on the word "must" because it stakes the words around it; makes them strong, absolute, and stable. I reflect the work of God, therefore the work I do MUST fit with God's design for me as His image and likeness.

The beautiful result of letting God do the work bringing me to Sunrise Haven has been a blessing from the start. I repeatedly witness the grace and warmth of community at Sunrise Haven, the enthusiasm and welcoming embrace from churches in the area, and the open thought of our staff as we take on new projects and nurture progress in support of our mission to inspire, love, and heal humanity.

— Emma Flavin, Executive Director ■

From Our Business Manager

Over the years, I have heard it said, "Be careful what you pray for." Prayer has never let me down. My arrival at Sunrise Haven as the new Business Manager was a direct result of many months of prayer.

I was not praying about something specific, just praying daily for a fuller sense of purpose, a way to be useful, and to express more of God's qualities. My husband passed last fall and suddenly I was in a very different position than I had been for over 30 years.



The opportunity to serve the cause of Christian Science and support Christian Science nursing, which I have

cherished since very early in my experience, opened up very suddenly. I had been retired for 12 years and not really embracing the thought of moving, but it was clear that God's plan for me was unfolding, and it was not a matter of whether I would move or stay where I was, it was a matter of whether I would be obedient or not. I chose to be obedient and was able to pack up my home of 20 years, reduce my possessions by 80%,

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Financial Summary — with gratitude!

The activity of Sunrise Haven is daily evidence of God's infinite spiritual supply. The essence of Christian Science nursing expresses the tenderness, strength, inspiration, and joy of Love's presence. Everyone who works to support this activity has abundant opportunities to witness God's all-sufficient supply of spiritual substance and this spiritual supply is ever-present in perfect balance to every demand.



The Sunrise Haven Board of Trustees rejoices this year in the privilege of seeing this supply unfold in many ways — especially the inspired work of the Christian Science nurses and those in our Christian Science nurses training program that bless our operation.

As we witness all of Love's provision for the activity and operation of Sunrise Haven, is it any surprise that our financial supply also shows God's abundance?

The financial results for Sunrise Haven's 2021 fiscal year (10/1/20–9/30/21) are:

- Total income: \$2,141,318
- Total expenses (exclusive of depreciation of \$73,111): \$1,330,394
- Yielded net income (exclusive of depreciation): \$810,924

Notable to last year's revenue were special grants received to support the salary of our Christian Science nurses, a generous matching grant from a Montana church, substantial appreciation of our assets, and the consistent support of churches and individuals in our region.

After the end of our last fiscal year, we again received a generous matching grant from a Montana church, abundantly supported by individual contributions for a total of \$40,948.

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More than any other financial support, the donations of individuals and churches represent active prayer-filled support of our healing mission.

We have new opportunities to witness that "before they call, I will answer;" (Isaiah 65:24) as we begin some extensive and expensive renovations to our kitchen, initiated by new State and Department of Health requirements. These improvements are being done in a way to bless the ability of kitchen staff and Christian Science nurses to fulfill their mission of tender care for our guests.

Special gratitude to all who witness the balance of demand and supply in meeting the needs of our *Manual-based* activity!

— Nancy Hirschman (Outgoing), Treasurer ■

Business Manager continued

rehome my 14-year-old cat, and move 2,500 miles in three weeks.

Each step necessary to bring about this enormous blessing unfolded beautifully. I was able to find a new home, exactly meeting my need. I was welcomed with open arms at the branch church, and my drive to work and back home is stunning and full of God's beauty. My children and grandchildren are farther away, but the love and blessings here fill that "seeming vacuum" and I am so grateful to be at Sunrise Haven, filling the position of Business Manager.

— Mary Collins, Business Manager ■

— GRATITUDE FROM A GUEST —

"Thank you so much for showing me all the loving qualities that you all have... I got to know you better and you got to know me better. So grateful for all the spiritual progress and healing while I was there. I'll always treasure the healing truths that you taught me while I was with you."

Step by Step

In looking back on recent months at Sunrise Haven, this sentence by Mary Baker Eddy has guided me, "Step by step, will those that trust Him find that 'God is our refuge and strength, a very present help in trouble.'" As Christian Science nurses, every time we take a step towards healing whether for ourselves or in support of someone else, we trust God along the way. Trust is an important part of radical reliance in Christian Science. One wouldn't come to a Christian Science nursing facility like Sunrise Haven if they didn't trust God to care for them.

Sometimes the "steps" we take are practical in helping someone with a mobility aid, such as a walker, cane or crutches. Other times it is thinking through ideas for supporting independence by figuring out how to have a patient be at home safely. That can entail having grab bars installed in the bathroom or removing area rugs. Sometimes it can be more pragmatic in thinking through a typical day at home, and practicing the everyday activities from a supportive and limitless perspective like going from the bed to the chair, being able to fix a meal in the microwave, or getting in and out of a car to name a few. The patient can practice doing these things with a Christian Science nurse right next to them, praying with them and encouraging them along the way, whether at home or at Sunrise Haven.



The many qualities of a Christian Science nurse: patience, kindness, faith, courage, and compassion to name a few, contribute to the healing atmosphere for individuals in our care because they come from God. Each individual

We see the need in our fellow man and supply it through listening for what to do and then doing it.

Christian Science nurse expresses these qualities uniquely, but our foundation in Spirit is the same. It is this very foundation that also connects us to those in our care. Part of our job is to encourage patients to see themselves in their true light, as God sees them, and this

often results in supporting their journey back home. This aspect of healing is a true privilege to take part in because we get to be at someone's side as they take literal steps into their newfound freedom they have realized during their time at Sunrise Haven.

Part of a quote from *Science and Health with Key to the Scriptures* by Mary Baker Eddy states, "...blessed is that man who seeth his brother's need and supplieth it, seeking his own in another's good." This is what Christian Science nurses do! We see the need in our fellow man and supply it through listening for what to do and then doing it. Whether bandaging, helping someone walk, or providing metaphysical support, we begin by trusting man to God, and taking the helpful steps to demonstrate in just the right way. Our trust in God leads us to the right steps to help others, and that is a blessing that knows no bounds!

— Jen Scott, Director of Christian Science Nursing ■

— GRATITUDE FROM A FAMILY MEMBER —

"I want to thank you for the conversation we had on the phone. It helped me understand better how to decide if a stay at Sunrise Haven is in order. I realized I could give (name omitted) the same care at home, just like when I was a child my mother cared for me. There was just love, peace, and Truth to be supplied to a loved one."

From the Christian Science Nurse Trainer

“For the earth bringeth forth fruit of herself: first the blade, then the ear, after that the full corn in the ear.” Mark 4:28

It is such a joy to hear of how each of our students has felt the call to enter Christian Science nursing! Some have been caring for family members, others have been caring for fellow church members; still others have become acquainted with someone that has piqued their curiosity about Christian Science nursing. Underlying it all is a deep love of God and man, and a sincere desire to serve the cause of Christian Science. It is truly a privilege



to bear witness to each student's unfolding practice and spiritual growth.

Each student's coursework begins with the “Spiritual Dimension of Care” workshop. This one-day course covers the foundation on which Christian Science nursing is based: the *Church Manual*

bylaw, qualities important to Christian Science nursing listed in *Science and Health with Key to the Scriptures* by Mary Baker Eddy, and its ethical foundation in the Bible. This course is open to each member of the Mother Church and anyone else interested in this subject, as the

Manual bylaw's provision is meant for each member of the Mother Church, since it is found at the end of Article VIII, under the title “Guidance for Members”.

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Sunrise Haven's accredited training program is one of only two programs in the United States that trains Christian Science nurses for working in the field. LeVerger's one-on-one instruction and side-by-

side mentoring allows students to learn at their own pace, draw upon their previous nursing experience, and encourages students to draw from the deep well of their own spiritual practice. If you or someone you know is ready for a new career, Christian Science nurses are needed throughout the world. Find out more about Sunrise Haven's Christian Science nurses training program on our website at sunrisehaven.org/christian-science-nurses-training/.

— Pam Greene ■

From a Christian Science Nurse in Training

I traveled all the way from Texas and felt wholly welcomed once I arrived at Sunrise Haven. I learned and experienced so much in just two weeks. In the classroom, it was a beautiful experience to read *Science and Health with Key to the Scriptures* and other Mary Baker Eddy writings through a new lens and see how the familiar words took on a different meaning when I read them from a Christian Science nursing perspective.

On the nursing floor, I loved being able to collaborate with other Christian Science nurses to find the best way to meet patient needs through a variety of inspiration. One of the biggest things I learned was how to take care of my own thinking to ensure my intentions are in line with the care I am trained to provide. My time at Sunrise

Haven has given me confidence to wholly rely on divine Mind in any case I am called to as a Christian Science nurse and it's so comforting to know that God will inspire my every thought.

I am so grateful to my instructor, the staff, Christian Science nurses, and patients at Sunrise Haven for welcoming me and supporting me as I continue to grow in this beautiful ministry of Christian Science nursing.

— Elizabeth Alvarado, current Le Verger student ■



Current Projects

It's an exciting time at Sunrise Haven! Our hearts are full as we recognize the abundance of joy and love always present, and we commit to witnessing further progress and healing.

Here's a look at what is happening on property:

• **Our Rest and Study** program is up and running again. We are welcoming our communities to come and utilize this 3-4 day provision if it meets the need for a quiet refuge away from the busyness of life.

• **We are selling our 2002 Dodge Ram van with wheelchair lift to anyone interested.** It is ideal as a conversion van and has a raised top for comfortable standing inside. Our aim is to replace it with a vehicle for more day-to-day multipurpose use while providing practical transportation for guest outings. Please contact our Executive Director for details and pricing.



Above: A look at our "current kitchen." Check our social media pages in early Fall for progress on the remodel.

• **We will be starting construction on our main kitchen remodel in upcoming weeks and welcome financial donations to this project.** The need for the remodel came to our attention when a visit from our WA state Fire Marshal required us to install a commercial-grade hood vent to meet new code requirements. Installation of this new enlarged hood significantly changes the look and function of our current kitchen, so we've committed to transforming the entire footprint to compliment the new look while raising our standards of cleanliness, efficiency, and productivity. All cabinetry will be replaced with stainless steel tables and shelving for a more streamlined look like that of a kitchen you would see in a small restaurant or Christian Science camp.

• **We are implementing a new charting system that is user friendly, efficient, and reliable since our current system is no longer viable.** This is a considerable time commitment from our administrative staff to first consult with an outside company in tailoring the program to our specific needs, followed by one-on-one training for our Christian Science nurses.

• **Work has begun on our back-40 property to remove the ivy and blackberry bushes, making room for new tree plantings in the fall.** This will attract more birds and help shape the landscape as we think through how we want to further develop the property. This is possible thanks to a generous donor who expressed interest in supporting this specific activity.



• **Quality hospitality services are meaningful communicators that accentuate how we value those of whom we serve.** Therefore,



we are improving the quality experience of food service by delivering fresh flowers with every meal, providing elegantly patterned napkins at our main meal, and introducing a variety of classy dishware that helps our guests feel more at home.

• **If you are interested in volunteering at Sunrise Haven, we are opening our doors to this provision once again for Sunday and Wednesday church services.** Please contact Jen Scott for details. Due to continuing state and federal requirements from health care institutions, masks, and screening protocols remain mandatory within our building.



Please reach out if you have any questions or are interested in getting more financially involved with any of our projects. Your support of Christian Science healing is why we exist and serve one another through our mission of “inspiring, loving, and healing humanity”.



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www.sunrisehaven.org



Visiting Us: Bring a friend; we'd love to give you a tour. Do call ahead though, so we can be sure a staff member is available to show you around.

Our vision:

**Humanity
loved, blessed, healed**

Our mission:

**Christian Science nursing
inspiring, loving and healing
humanity**

Services:

- 24-hour nursing care, including inpatient, outpatient, and relief care
- Consultation by phone or in-home
- Equipment rental
- Rest and study

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