

CHRISTIAN SCIENCE NURSES TRAINING PROGRAM*

Christian Science Nursing Trainer Patty Nuernberg, JLCSN <u>csntrainer@sunrisehaven.org</u>

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Mission Statement

To assist sincere Christian Scientists worldwide in preparing for the ministry of Christian Science nursing, and thereby supporting the healing mission of the Christian Science movement.

Central to Sunrise Haven's Christian Science Nurses Training Program are the requirements set forth by Mary Baker Eddy in the *Manual* By-law (Article VIII. Sect.31), and in *Science and Health with Key to the Scriptures*. (p. 395:17-20)

Manual By-law (p. 49) Article VIII. Sect.31 Christian Science Nurse.

"A member of The Mother Church who represents himself or herself as a Christian Science nurse shall be one who has a demonstrable knowledge of Christian Science practice, who thoroughly understands the practical wisdom necessary in a sick room, and who can take proper care of the sick.

The cards of such persons may be inserted in *The Christian Science Journal* under rules established by the publishers."

Science and Health p. 395:17-20

"An ill-tempered, complaining, or deceitful person should not be a nurse. The nurse should be cheerful, orderly, punctual, patient, full of faith, — receptive to Truth and Love."

Throughout the training, the Christian Science nurse will deepen and widen his/her understanding of the *Manual* By-law and Christian Science nursing qualities.

Sunrise Haven's Christian Science Nursing Trainer will help you design a training program that meets your unique needs and schedule. In the classroom portion of the course, the instructor will work side-by-side with you in exploring questions about Christian Science nursing, in learning Christian Science nursing skills, and whenever appropriate practicing in real Christian Science nursing situations. This will then be followed by a flexible shoulder-to-shoulder mentoring period in a variety of Christian Science nursing settings.

The Spiritual Dimension of Care – One-Day Seminar

Subjects covered in this seminar include:

- Metaphysical readings
- A closer look at the parable of the Good Samaritan
- The foundation of Christian Science nursing
- Science and Health page 395
- The Church Manual by law for the Christian Science nurse
- The history of Christian Science nursing
- The Christian Science Scope of Services
- Closing Thoughts
- Is Christian Science nursing something for me?

This seminar is for any member of The Mother Church who is interested in exploring the idea of Christian Science nursing as a *Manual*-based activity and to grow in his/her capacity to comfort and heal.

It is also the first step in Sunrise Haven's Christian Science nurses training program.

The Spiritual Dimension of Care, and all Christian Science nurses training courses, are offered in English. Sufficient language proficiency is required.

Christian Science Nursing Level I – Introductory Course

This course consists of one week of classroom study addressing principles, ethics, and practical Christian Science nursing skills in relation to caring for a patient when minimal assistance with care is needed. A readiness to assist more skilled Christian Science nurses in care of a patient is also included. A flexible mentoring period of Christian Science nursing experience under the guidance of a mentor is available.

Subjects covered in the Basic course include:

- Ethics of Christian Science Nursing
- Communication
- Assessment
- Surroundings
- Personal Care
- Activity and Mobility
- Nourishment
- Simple Cleansing and Bandaging
- And other pertinent material

Requirements for Enrollment

- Participation in The Spiritual Dimension of Care One-Day Seminar.
- A heartfelt commitment to the healing ministry of Christian Science.
- Membership in The Mother Church and regular attendance at a Christian Science branch church or society.
- Christian Science class instruction

To successfully progress in the ministry of Christian Science nursing the following options are available to the Christian Science nurse student:

- 1. Gathering further experience by working with a mentor (*Journal*-listed Christian Science nurse) in visiting Christian Science nursing and home Christian Science nursing settings and/or working in one or more Christian Science nursing facilities.
- 2. After sufficient experience is gained, continuing with the Basic Course offered by Sunrise Haven, or an equivalent course at another Christian Science nurses training facility.

Christian Science Nursing Level II – Basic Course

This course consists of two weeks classroom study, practical Christian Science nursing skills, and some practice in real Christian Science nursing situations. The two weeks are then followed by a flexible period of shoulder-to-shoulder Christian Science nursing experience under the guidance of a mentor.

Subjects covered in the Basic course include:

- Ethics of Christian Science Nursing II
- Assessment II
- Personal care II
- Rest and movement
- Activity and mobility II
- Nourishment II
- Caring for those with seeing, hearing and speech difficulties and mental needs
- Simple cleansing and bandaging II
- Safety
- Advertisement
- And other pertinent material

Requirements for Enrollment

- Participation in The Spiritual Dimension of Care One-Day Seminar.
- Successful completion of Christian Science Nursing Level I Introductory Course or equivalent.
- A heartfelt commitment to the healing ministry of Christian Science.

- Membership in The Mother Church and regular attendance at a Christian Science branch church or society.
- Christian Science class instruction

To successfully progress in the ministry of Christian Science nursing the following options are available to the Christian Science nurse student:

- 1. Gathering further experience by working with a mentor (*Journal*-listed Christian Science nurse) in visiting Christian Science nursing and home Christian Science nursing settings and/or working in one or more Christian Science nursing facilities.
- 2. After sufficient experience is gained, continuing with the Intermediate Course offered by Sunrise Haven, or an equivalent course at another Christian Science nurses training facility.

Christian Science Nursing Level III – Intermediate Course

This course consists of two weeks classroom study, practical skills, and Christian Science nursing experience in real Christian Science nursing situations. The two weeks are followed by a flexible period of shoulder-to-shoulder practice of the subjects covered in this level under the guidance of a mentor.

Subjects covered in the Advanced Course include:

- Ethics of Christian Science Nursing III
- Assessment III
- Personal care III
- Activity and mobility III
- Changing Needs
- Sudden Needs
- Care of reportable conditions
- Nourishment II
- Caring for those with seeing, hearing and speech difficulties and mental needs II
- Cleansing and bandaging
- Safety (review)
- Advertisement II

Requirements for Enrollment

- Successful completion of Christian Science Nursing Level II Basic Course or equivalent.
- The same requirements indicated for the Basic Course.
- A diverse and successful completion of the mentoring period after the Basic Course.

To successfully progress in the ministry of Christian Science nursing the following options are available to the Christian Science nurse student.

Courses offered by Sunrise Haven

- 1. Gather as much experience as possible in the subjects covered in the Intermediate Course, in a variety of Christian Science nursing settings, and under the guidance and supervision of a mentor (a qualified *Journal*-listed Christian Science nurse).
- 2. After an extended period of Christian Science nursing practice in a variety of settings, and under different circumstances, the Christian Science student nurse may apply for the Advanced Course.

Christian Science Nursing Level IV – Advanced Course

This course consists of 8-day classroom work, followed by a flexible mentoring period during which the Christian Science nurse student *may* turn to the mentor for support and/or advice until such time as he/she is *Journal*-listed.

Subjects covered in the Extension Course are:

- Management in a Christian Science nursing facility (visiting Christian Science nursing and private duty)
- Assessing, accepting, and withdrawing from care situations
- Training/Mentoring
- Christian Science nursing worldwide
- Legal questions
- Visiting Christian Science nursing/Independent Christian Science nurses
- Mother/Infant Care

The Advanced Course is meant for those Christian Science student nurses who would like to broaden their Christian Science nursing ministry into different areas, who might like to assist in mentoring Christian Science student nurses and be better prepared for *Journal*-listing.

Requirements for Enrollment

- Successful completion of Christian Science Nursing Level III Intermediate Course or equivalent.
- The same requirements indicated for the Intermediate Course.
- A diverse and successful completion of the mentoring period after the Basic Course.
- Commitment and interest to developing their Christian Science nursing career.

To successfully progress in the ministry of Christian Science nursing the following options are available to the Christian Science nurse student.

1. Gather as much experience as possible in the subjects covered in the Advanced Course, in a variety of Christian Science nursing settings, and under the guidance and supervision of a mentor (a qualified *Journal*-listed Christian Science nurse).