



*Christian Science nursing  
inspiring, loving and healing  
humanity*

# Sunrise Haven



Spring 2019



Guest speaker, Kelly Michaels

## Our Annual Meeting ... “felt like one big testimony meeting!”

Our annual meeting topic this year focused on “Cherishing Christian Science Nursing”. On Saturday, March 16, attendees gathered at First Church of Christ, Scientist, Edmonds to hear annual reports of gratitude from each office of Sunrise Haven. These reports, located on the coming pages of this newsletter, were interspersed with highlights from Christian Science nurses who shared what they were thankful for during the past year. One attendee commented, “It felt like one big testimony meeting!” Our guest speaker, Kelly Michaels, illuminated what a privilege, necessity, and joy it is to cherish Christian Science nursing. Kelly has a multifaceted perspective by having been a patient herself, a friend and family member to patients, and a board member. She gave her own inspiring account of her stay at Sunrise Haven as a nineteen-year-old and how that resulted in a beautiful and complete healing after being diagnosed with a broken back. An audio recording of our meeting is available at [sunrisehaven.org/annual-meeting-2019/](http://sunrisehaven.org/annual-meeting-2019/).



Christian Science nurses. Top: Pam Greene; Priscilla Root. Middle: Tanya O’Gorman, Dedan Muganda. Bottom: Vicki Lane, JoEllen Wilmer.

## Board of Trustees

Mark Schoening,  
President

It is with great joy and gratitude that we share our fruitage with you.

*"We come to strengthen and perpetuate our organizations and institutions; and to find strength in union, — strength to build up, through God's right hand, that pure and undefiled religion whose Science demonstrates God and the perfectibility of man. This purpose is immense, and it must begin with individual growth, a 'consummation devoutly to be wished.' The lives of all reformers attest the authenticity of their mission, and call the world to acknowledge its divine Principle." (Misc. 98:16-25)*

Mrs. Eddy's words are manifested today in the consecrated lives of our beloved Christian Science nurses, which attest the authenticity of the Sunrise Haven mission, "Christian Science nursing inspiring, loving and healing humanity."

We have been cherishing this purpose. We're pleased to report that Christian Science healing and nursing activity has flourished at Sunrise Haven throughout the past year.

We were recently asked what we love most about serving as Trustees at Sunrise Haven. Here are some of our responses:

*"I love being with other spiritually minded people, working together side-by-side through challenges."*

*"Prayer and growth. I'm really looking forward to what's going to happen next."*

*"Prayer and desire led me to accept this position. I like being on a team and supporting the work that's going on in a tangible way."*

*"There's always something to pray about. We need to be open and see the answer."*

*"In our region, Sunrise Haven is a central hub for Christian Science healing. It's ground zero for Christian Science healing."*

***"In our region, Sunrise Haven is a central hub for Christian Science healing. It's ground zero for Christian Science healing."***

*"Being ready to serve, wanting to give back after being a patient myself. I would do anything to support this activity. At the core of the work is Christian Science nursing, and it's expressed by everyone in the organization."*

We are grateful for Sunrise Haven's expansive outreach program. In the past year, presentations and activities have reached over 500 attendees throughout our large geographic region, including Alaska. Be sure to contact Sunrise Haven if you or your church would like to schedule one of these inspirational and informative seminars or workshops.

We've welcomed new trustees from other states in our region: Laura Blatz, CS from Billings, Montana and Kristin Jamerson from Portland, Oregon, as we broaden our spiritual perspectives and the reach of these needed services.

In the upcoming year, we will be busy finalizing and implementing a new strategic plan, searching for a new Executive Director, and exploring ways to make the career of Christian Science nursing more sustainable.

Finally, our hearts overflow with unspeakable gratitude for the work of our outgoing Executive Director, Robin Banko. Robin has selflessly given her all to this organization for the past eight years. The effect and fruition of her work will be felt at Sunrise Haven for many years to come.

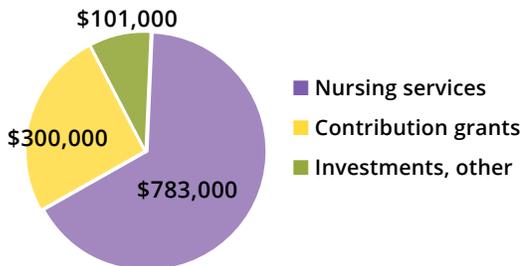
Thank you all for your continued support of the work at Sunrise Haven. ■

***We're pleased to report that Christian Science healing and nursing activity has flourished at Sunrise Haven throughout the past year.***

We rely on divine Love, expressed by you and everyone involved in the prayer-based work of Sunrise Haven, to supply what is needed to fulfill our mission and ministry. We are always grateful to see the new ways and the many channels through which this supply comes.

Sunrise Haven, like most Christian Science nursing facilities, operates at a deficit and depends on contributions, grants, bequests, and investment income to fund the gap between the income for services and operating expenses.

Financial results for Sunrise Haven's fiscal year (10/1/17 – 9/30/18):



The total income was \$1,184,000.

The total expenses (exclusive of depreciation of \$73,000) were \$1,178,000.

The yielded net income (exclusive of depreciation) was \$6,000 — essentially a break-even.

I'm just completing my second term on the Board. Serving as Treasurer for the past six years, and looking at the financial reports carefully, I have been so grateful to see that each year the need was met in a variety of ways though not always in the same way: contributions from individuals, from churches, from foundations; a significant increase in occupancy; a large, favorable settlement with Medicare. I have been so grateful to see the unrestricted funds on hand at the end of each year either holding steady or increasing.

I have thought again of Ezekiel and the valley of the dry bones how the valley might have appeared dry and barren, but when Ezekiel listened to God the bones came together in the right order (the ankle bone to the leg bone, etc.) and the bones became a mighty army (Ezekiel 37). At Sunrise Haven, we are listening to God for His direction. Many "bones" need to come together: increasing occupancy, continuing efficiency in operations and management of expenses, increasing contributions and grants, engaging volunteers, and continuing to staff the facility with suitable and skilled individuals.

We are so grateful for you, your participation and faithful support. As we listen for God's direction, together we can help build this mighty army of Christian Science healing and regeneration — thank you. ■

## Financial Summary

*Nanette Leatherwood, Treasurer*

Nan Leatherwood served two terms (six years) on Sunrise Haven's Board of Trustees. Her career experience as an executive in accounting and finance for The Christian Science Publishing Society and for Arden Wood made her uniquely suited to serve as Treasurer during her terms. Nan's prayerful, metaphysical approach significantly contributed to the Trustees' understanding and ability to make sound financial decisions.



Dave Lowe also served two terms (six years) on Sunrise Haven's Board of Trustees, including two years



as president. As a partner in his own ever-growing business, Dave contributed extensive experience in human resources, accounting, strategic planning and more. His humor and his prayerful insights have been so valued on the Board. Many thanks to Dave and his wife, Sabra, for their support of Sunrise Haven. ■

**Many thanks to outgoing Trustees Nan Leatherwood and Dave Lowe**

## Christian Science Nurses Training

Patty Nuernberg,  
Christian Science  
Nursing Trainer

2018 was a very fruitful year for Christian Science nurses training. Why has the harvest been so fruitful? We are reaping the benefits of years of careful sowing and joyful nurturing by past and present trustees, management, Christian Science nurses and Christian Science nursing trainers.

Sunrise Haven reaches out through seminars and workshops to our Christian Science field. Three highlights of the past year include:

1. Presenting the "Spiritual Dimension of Care" seminar for seven groups totaling over 100 participants. This one-day seminar's purpose is to strengthen the healing mission of our church and look closely at the *Church Manual* By-law for the Christian Science nurse. Participants explore and discover a spiritual dimension of care and how it can be expressed through our daily lives.
2. Sharing our two-hour workshop called "Responding to Accidents and Sudden Needs — a Christian Science approach" with two branch churches and one Christian Science Reading Room.
3. Presenting a workshop at the A/U Ranches for 38 eighth-grade students participating in Discovery Bound's National Leadership Council program. We applied spiritual lessons from the Good Samaritan parable and our Pastor to their lives and activities. It proved that Christian Science nursing is applicable to all levels of human experience.

As a direct result of the branch church seminars, three students started the Christian Science nursing training program at Sunrise Haven. Some students travel great distances, so we get creative. For example, one student from Alaska and I met weekly over video conferencing for the classroom portion of the Basic Course.

Practical skills were later learned and put into practice in real Christian Science nursing situations, when the student traveled to Sunrise Haven and worked side by side with me.

***The supportive culture at Sunrise Haven facilitates and encourages daily, individual, consecrated study with our Pastor and the other writings of Mary Baker Eddy which is the basis of all our training.***

Sunrise Haven has several other students who have been training with us for longer periods of time and who are now pursuing listing in *The Christian Science Journal*. All Sunrise

Haven Christian Science nurses continue to improve their skills through monthly reviews, refresher courses and advanced management training.



I also serve on a committee that collaborates on curriculum and teaching techniques with other educators at Christian Science nursing facilities throughout the world.

Most importantly, the supportive culture at Sunrise Haven facilitates and encourages daily, individual, consecrated study with our Pastor and the other writings of Mary Baker Eddy which is the basis of all our training.

Sunrise Haven provides all levels of education for those who are interested in Christian Science nurses training. If you would like to learn how to provide care for a loved one at home, would like to gather with other church attendees to learn how Christian Science nursing strengthens the healing mission of our church or are working toward a professional career in Christian Science nursing, please contact us. Our accredited training programs, workshops and seminars can be customized to meet your individual needs. ■

It's a joy to report another year of growth, progress and healing at Sunrise Haven. Your support of Sunrise Haven and recognition of the value of Christian Science nursing is one of the keys to our success.

Cherishing Christian Science nursing is about recognizing, understanding and embracing this healing ministry. One of my favorite ways to cherish and celebrate Christian Science nursing is reading and adding to our Sunrise Haven healing record. This shared document is accessible on all the computers at Sunrise Haven. It has no names on it and here our staff records healings that they witness or demonstrate themselves. Most entries are short and to the point, yet so inspiring, especially seeing them all together at the end of the year. In *Miscellaneous Writings*, Mary Baker Eddy writes, "*Metaphysical healing, or Christian Science, is a demand of the times. Every man and every woman would desire and demand it, if he and she knew its infinite value and firm basis.*" (pg. 232:22) Sunrise Haven's healing record is proof of the demonstrable Christian Science being demanded of us.

For eight years, I've had the privilege and blessing of witnessing this "infinite value" of healing from my bird's-eye view at Sunrise Haven. The gratitude reports given at our 2019 annual meeting are just a taste of the immense good going on at our facility and among our staff.

It's difficult to put into words just how special it's been to serve as Sunrise Haven's executive director. I'm so grateful for what we have accomplished. I am especially proud of the work we did, coming together, to articulate and implement new vision and mission

statements, our values, and formulating a strategic plan which is strengthening, blessing, and propelling us forward. In our vision, mission and value statements, there's a wonderful thread of inspiration, love and healing that guides and unites the organization. These ideas are the culmination of the Christian Science nurses, staff and board's sincere desire

***Cherishing  
Christian  
Science nursing  
is about  
recognizing,  
understanding  
and embracing  
this healing  
ministry.***

to serve and support humanity as Christian healers. I dearly love and respect this team of dedicated individuals, devoted metaphysicians, earnest daily seekers, and inspired thinkers. It has been my greatest honor and privilege to work shoulder to shoulder with them in serving the Cause of Christian Science.

As we've focused on embracing humanity in our prayers, individuals needing our help and support have been led to us. This past year we welcomed patients from Washington, Oregon, Idaho, and Montana. We're always praying and seeing our facility filled and overflowing with God's inspiring, loving and healing ideas. This prayer resulted in a second year in which we averaged 85% occupancy. When you love what you do, you find more opportunities to share it and bear witness to the healing truth of Christian Science!

What a blessing it is to be involved in the wonderful growth and progress at Sunrise Haven — in Christian Science nursing, Christian Science nurses training, and our ever-expanding outreach. We love each opportunity we're given to inspire, love, heal, and bless, those in the Pacific Northwest and beyond. On behalf of the entire team, thank you for your generous support of Sunrise Haven and the healing ministry of Christian Science nursing! ■

## Executive Director

*Robin Banko*

## Christian Science Nursing Department

Woody Minsk,  
Dedan Muganda,  
Jennifer Scott

One of the challenges we faced this year was having enough Christian Science nurses. There is a shortage of Christian Science nurses throughout the world. We are grateful God met our needs, with both newly-trained Christian Science nurses from Sunrise Haven's training program and experienced Christian Science nurses moving into the area and replacing those who retired or moved away.

This wonderful, outstanding team of Christian Science nurses is adaptable, flexible, "...full of faith, and receptive to Truth and Love" (*Science and Health*, 395:19). They view their work as a ministry, of steadfast prayer and faithful witnessing to the Truth, which results in healing.

We're grateful our need for a Director of Christian Science Nursing was met harmoniously this year with an interim Director and then three of our *Journal*-listed Christian Science nurses, that were willing to step up to share and fulfill the duties. This led us to think about other teams of three such as: the practitioner, the patient, and the Christian Science nurse. Our team of three is always listening to God for healing ideas on which way to go. "Shepherd, show me how to go," as the much-loved poem by Mary Baker Eddy states (Poems 14:1).

This healing team of three is supported by volunteers, practitioners and fellow church members who frequently visit our patients, read and share inspiration. At one point during the past summer, when our Christian Science nursing team needed additional support, 220 volunteer visits over a

four-month period supplied the need. The prayerful support and loving visits to Sunrise Haven contributed to the healing results we witnessed. Thank you!

We are grateful to see daily that where there is Christian Science nursing, there is healing, and where there is healing, there is Christian Science nursing. Our Christian Science nursing team is united in challenging limitations and is expectant of healing. We're grateful to share a patient's written account of a recent healing we witnessed:



Dedan Muganda and Jennifer Scott giving the annual report. Not pictured: Woody Minsk, who was working at Sunrise Haven.

*"It is hard to describe my gratitude for Sunrise Haven. The loving atmosphere provided me the opportunity to tune in to God's thoughts better following a tumble I took on the ski slopes. During such a "tuning," I was thinking about that "willingness to become as a little child" "to leave the false landmarks" that Mary Baker Eddy writes about on pages 323 and 324 of Science and Health. I realized that any material sense testimony is a false landmark. Earlier on the page, she talks about "righteousness, peace, and purity, which are the landmarks of Science." I decided that every time one of these false landmarks tried to get my attention, I would turn to a landmark of Science instead. When I got up the next morning, I realized I was just pushing the walker in front of me. I no longer needed anything anymore to walk — just God. I am so thankful for fine-tuning we get to do with God and for the healing atmosphere of Sunrise Haven." ■*

---

Robin is leaving her position as Sunrise Haven's Executive Director at the end of May to start a new job in California.

Robin's heartfelt service to Sunrise Haven over the past eight years is so appreciated and we thank her from the bottom of our hearts.

Here are just a few of the comments we received from Christian Science nurses, Sunrise Haven staff, and past and present trustees grateful for Robin's leadership.

*"What love, what joy, what willingness to stretch, learn, grow, and support the ministry of Christian Science nursing! I'm so grateful to have had the opportunity to work together with Robin in these good endeavors!"*

*"We've nicknamed Robin's job title 'Cheerfulness Director' because that's what she is! She is so joyful that it makes working with her a joy!"*

*"It has been a great pleasure to work with Robin, to receive a warm welcoming hug whenever I worked and to feel my contributions appreciated. Supporting CS nurses' spiritual growth through a variety of workshops, encouraging active branch church membership and being very generous and caring, Robin has excelled."*

*"Robin will take lots of time talking to staff, she asks about their families, and sincerely wants to know how they are doing. She cares. She recognizes the importance of team work and she expects Christian Science healing each day."*

*"Her joy and clear love for those around her really stand out to me and will be how I always think of her. She is a bright light and will be a big blessing in her next steps!"*

*"I was working on a project with Robin one time and was struck by how this bubbly, effervescent person stood stock still and was absolutely quiet for close*

*to half a minute while she listened for the next step to take. It was really eye-opening to me about how she works."*

*"When I first came to Sunrise Haven, Robin invited me to the Spiritual Dimension of Care seminar and I loved it. It was one of the most inspiring talks about CS nursing that I've attended. And I loved that we used *Christ and Christmas* as a basis for discussion. It was the turning point for my decision to work at Sunrise Haven. Robin's warm welcome, joy and spirit really touched my heart."*



*"I have been delighted to work alongside Robin and witness her enthusiasm, compassion, and diligence. She tirelessly prepares materials to the Board for informed decisions, and shepherds the organization with care. All who work with Robin are blessed by her unselfish devotion to Christian Science nursing."*

*"Her energetic and compassionate leadership blesses so many. It has also inspired me to look deeper into ways that I can serve our beloved and vital cause. Much gratitude to you Robin, for the shining beam of God's light that is you, and for the blessing of basking in the warmth of its glow."*

*"Her love of Sunrise and Christian Science nursing has been so beautiful and refreshing in so many ways.... I always loved working alongside her."*

Robin, we know you will continue blessing everyone in your path. Thank you, and we will miss you! ■

## Gratitude abounds for Robin Banko

---

## Welcome new Trustees Madeleine and Nancy

**M**adeleine Wiley is a member of First Church of Christ Scientist, in Redmond, Washington. Madeleine retired from The Boeing Company after 38 years. She has 32 years of IT management experience, with 11 years of executive experience. Madeleine and her husband have two grown sons.



Madeleine Wiley and Nancy Hirschman

Nancy Hirschman is a member of First Church of Christ, Scientist, Seattle. She and her husband, Brent, moved to Seattle from the Kansas City area. A former elementary school teacher, Nancy enjoys being near their daughter and her family in Seattle, as well as visiting their son in California. ■

## Do you know?



The National Fund for Christian Science Nursing (NFCNS) is a benevolence fund that can assist Christian Science nursing patients in the United States and its territories. The fund can help when Christian Science nursing care is needed, whether at home or in a facility like Sunrise Haven. For more information, visit [nfcns.org](http://nfcns.org) or call 800-873-2843.



24423 100th Avenue SE  
Kent, WA 98030

Address service requested

NonProfit Org  
US Postage  
**PAID**  
Permit 4776  
SEATTLE WA

---

### Sunrise Haven

24423 100th Ave. SE  
Kent, WA 98030  
253-813-2096  
253-813-2595 (fax)  
800-641-1718

[www.sunrisehaven.org](http://www.sunrisehaven.org)



**Visiting Us:** Bring a friend; we'd love to give you a tour. Do call ahead though, so we can be sure a staff member is available to show you around.

### *Our vision:*

**Humanity  
loved, blessed, healed**

### *Our mission:*

**Christian Science nursing  
inspiring, loving and healing  
humanity**

### **Services:**

- 24-hour nursing care, including inpatient, outpatient, and relief care
- Consultation by phone or in-home
- Equipment rental
- Rest and study

### **Board of Trustees**

Laura Blatz, CS  
Nancy Hirschman  
Kristin Jamerson

Kelly Michaels  
Mark Schoening  
Madeleine Wiley

### **Executive Director**

Robin Banko  
[executivedirector@sunrisehaven.org](mailto:executivedirector@sunrisehaven.org)

### **Christian Science Nursing Department**

Woody Minsk, Dedan Muganda, and  
Jennifer Scott  
[csnursingdept@sunrisehaven.org](mailto:csnursingdept@sunrisehaven.org)