

Sunrise Haven

Christian Science nursing
inspiring, loving and healing
humanity

Spring 2017



A full house for annual meeting and lecture

On Saturday, February 25th in Mt. Vernon, WA, Sunrise Haven and First Church of Christ, Scientist, Mount Vernon, teamed up to present a dual event: Sunrise Haven's annual meeting and a Christian Science public lecture.

One attendee said it reminded her of four-part harmony: each of the four speakers, inspired by the story of the Good Samaritan (*Luke 10:30-37*), brought a unique perspective and continuity to the event.

Dave Lowe (president, Board of Trustees), Woody Minsk (director of Christian Science nursing) and Robin Banko (executive director) gave brief presentations on Christian Science nursing and Sunrise Haven's mission and purpose. Written copies of Sunrise Haven's annual report were distributed to attendees afterward (the report is also in this newsletter and online at www.sunrisehaven.org/publications).

Christian Science Lecturer José de Dios Mata spoke on "*Divine Love: the answer to universal health.*" He elaborated on the relevance of Christ Jesus' command to "love your neighbor as yourself" and the worldwide healing impact this can have. ■



INSIDE
Annual
Reports 2, 3, 4, 5

Sunrise Haven:
always open,
always prepared 5

Goal reached! 6

Clockwise from top left:
Director of Christian Science
Nursing Woody Minsk; Attend-
ees listening attentively; Pres-
ident Dave Lowe; Executive
Director Robin Banko.
Lower left: Christian Science
Lecturer José de Dios Mata.

Board of Trustees Report

Dave Lowe,
President

At every meeting of the Board of Trustees, while sharing a delicious lunch made for us in Sunrise Haven's kitchen, we have the privilege of spending an hour with a Christian Science nurse, talking in depth, learning about his/her background and hearing about the inspiration that led to dedicating his/her life to Christian Science nursing.



Sunrise Haven Board of Trustees, L. to R.: Jim Anderson, Amy Dehnert, Mark Schoening, Kelly Michaels, Dave Lowe, Bev Foltz, Nan Leatherwood.

We have heard as many different stories as we've met different people. What has struck me is that each one has said, in so many words, that "God had been graciously preparing" them for this sacred role (*Science and Health*, page 107). Our gratitude knows no bounds for the selfless, cheerful and faithful service of the Christian Science nurses at Sunrise Haven. They are directly supporting Christian Science healing, in Christ's name.

All of us who work and volunteer at Sunrise Haven have been cherishing and practicing our new mission and vision statements:

Our Vision:
*Humanity
loved, blessed, healed*

Our Mission:
*Christian Science nursing
inspiring, loving, and healing
humanity*

You'll read in this year's Annual Reports about how these statements are successfully guiding all aspects of Sunrise Haven's work in administration, finance, Christian Science nursing, and Christian Science nurses training.

The Trustees have continued to talk about that important word, "humanity." Opening up our collective thought to the fact that Christian Science is inherent in everyone is helping us see progress, such as a significant increase in occupancy this year at Sunrise Haven.

In an effort to expand Sunrise Haven's outreach in its six-state region (Washington, Oregon, Idaho, Montana, Alaska and Wyoming), a new website was launched at www.sunrisehaven.org, and Sunrise Haven staff traveled throughout the region giving workshops and meeting many new friends along the way.

In early 2016, a restructuring of the director of Christian Science nursing position required hiring someone devoted to Christian Science nurses training. Sunrise Haven is blessed to have added Patty Nuernberg to the staff. Since it wasn't possible to have a full-time trainer at this time, Patty is wearing different hats, including filling Christian Science nursing shifts. Read more in the new Christian Science nurses training section of our Annual Report.

Last but not least, we gratefully announce that the goal of raising \$88,000 for renovating Sunrise Haven's 15-year-old building was met at year-end 2016, thanks to you, the generous donors that responded to the call for help! The plan to replace flooring, re-paint, and make other renovations will start as soon as possible. Many thanks to you for your continuing generosity and support of Sunrise Haven and Christian Science nursing. ■

Financial Report

Nanette
Leatherwood,
Treasurer

Mary Baker Eddy, Discoverer and Founder of Christian Science, spoke of her hope "... to realize that happy day when man shall recognize the Science of Christ and love his neighbor as himself — when he shall realize God's omnipotence and the healing power of the divine Love in what it has done and is doing for mankind." (*Science & Health* 55:16-21) Certainly, Sunrise Haven's vision statement, "Humanity loved, blessed, healed," embraces that same hope.

We are deeply grateful that the last year saw significantly more people coming to Sunrise Haven to take advantage of the wonderful help and support offered to those seeking Christian Science healing.

It's our great joy to report that the results for the last fiscal year, ended September 30, 2016, was a positive \$185,000. The two

most significant factors contributing to this were: (1) a \$300,000 contribution to the Benevolence Fund (what an expression of love!), and (2) an increase in occupancy from 50% to 80%.

We were so grateful to be able to give \$46,000 last year in benevolence to help those in need of financial support for their Christian Science nursing care.

We ended the year with \$296,000 remaining in the restricted Benevolence Fund and roughly \$1,200,000 in unrestricted funds (excluding property, plant, and equipment).

Your continuing support through your prayers and your financial contributions are greatly appreciated because it means you are joining us in Sunrise Haven's vision of "Humanity loved, blessed, healed." We are so grateful. ■

Director of Christian Science Nursing Report

Woody Minsk

It is a joy to look back on the past year and express gratitude for the wonderful healing work that has been taken place at Sunrise Haven. The prayer-based Christian Science nursing at Sunrise Haven protects and supports those needing healing from world beliefs about age, accident, sickness and disease. The By-law "Christian Science Nurse" from the *Manual of The Mother Church* is an integral part of what was established by the Discoverer and Founder of Christian Science, Mary Baker Eddy, to ensure practical care would be provided for those relying on Christian Science. The following are just a few of the healings witnessed at Sunrise Haven this past year:

- Mobility restored and pain healed after a fall,
- Healing of an open bedsore,
- Normal eating and drinking reestablished,
- Healing of severe internal pain,
- Return of mental clarity.

Also, our skilled Christian Science nurses efficiently cared for individuals with bandaging needs so that they were able to return home the same day. And Christian Science nurses



Director of Christian Science Nursing, Woody Minsk

consulted by phone with family members and church members that had questions about how to support loved ones needing care.

We are so grateful for our experienced and dedicated staff of Christian Science nurses who are on duty 24/7 providing practical, loving care that is inspired by the teachings of Christian Science.

We encourage anyone desiring to learn more about Christian Science nursing to contact us and find out about the many Christian Science nurses training opportunities we offer. ■

Christian Science Nurses Training Report

In June 2016, Patty Nuernberg, one of our on-call Christian Science nurses, became our dedicated Christian Science nursing trainer. Patty has an extensive background as a Christian Science nurse and Christian Science nursing trainer. At Sunrise Haven, she spends her time training Christian Science nurses, traveling throughout our six-state region conducting workshops for church groups, and working regular shifts as a Christian Science nurse at Sunrise Haven. See the Board of Trustees report for more information.

Sunrise Haven has offered Christian Science nurses training since 1991. In 2015, Sunrise Haven adopted a Christian Science nurses training program from Le Verger, a Christian Science nursing facility in Rolle, Switzerland. Le Verger's Director of Christian Science Nurse Training, Wendy Abdollahi, visited Sunrise Haven to certify Patty on Le Verger's specific teaching practices, including meeting the individual needs of each student by training one-on-one. Wendy and Patty also started the basic course for Christian Science nurses training with a new student — a dedicated Christian Scientist in Washington State.

Patty is excited to have several area workshops scheduled and a new student set to start training already in March!

Also in 2016, Patty accepted the invitation to serve on the Association of Organizations for Christian Science Nursing (AOCSN) Education Committee. She participates in phone conferences with other Christian Science nursing trainers from around the world and realizes how important it is for Christian Science nursing trainers to advance collectively. She considers it an honor to serve as an inspector for the Commission, the accrediting body of all Christian Science nursing facilities.

In harmony with Patty's work as Christian Science nursing trainer, she also nurses at Sunrise Haven and conducts professional development reviews and workshops for current Sunrise Haven employees.

Sunrise Haven is so thankful for the outstanding progress made in Christian Science nurses training this year. Your support of Christian Science nurses training is so appreciated since being able to train locally is such a blessing for our large six-state Field. If you are interested in taking training yourself, or having your church host a workshop, there are two informational brochures available by calling Sunrise Haven or by visiting our new website, www.sunrisehaven.org. ■

Earlier in the summer, a former student of Patty's, who is now a Christian Science nurse in New York, came to Sunrise Haven for the Director of Christian Science Nursing Course.

Sunrise Haven's Christian Science nurses training program has expanded its horizons as Patty has:

- traveled to Montana to conduct the "Spiritual Dimension of Care" workshop,
- traveled to Alaska to hear of the legal progress they've made in obtaining recognition of Christian Science nursing,
- traveled to Wyoming to conduct the "Discovering the Comforter Within" workshop,
- conducted a "Spiritual Dimension of Care" workshop in the Seattle area that led to another local student being interested in Christian Science nurses training.



Christian Science
Nursing Trainer,
Patty Nuernberg

Christian Science nursing facilities like Sunrise Haven offer Christian Science care to anyone relying wholeheartedly on God for healing. Christian Science nursing stands ready to embrace all mankind with the love of Christ that comforts and protects as it heals and saves. We are so grateful for the many demonstrations of Christian Science healing at Sunrise Haven this year.

From an administrative perspective, we've focused on expanding our outreach activities while striving to fulfill our mission —

*Christian Science nursing
inspiring, loving, and healing
humanity*

Churches in Washington, Montana, Wyoming and Alaska invited Sunrise Haven to make presentations, give workshops, and share ideas. We taught practical care-giving skills, shared how Medicare benefits work at some Christian Science nursing facilities, provided information about the importance of having advance directives for health care, and spoke about ways that we are correcting impositions and misconceptions about Christian Science through our work.

It's with great joy and heartfelt gratitude that we acknowledge additional highlights from 2016:

- Realizing a 60% increase in occupancy and nursing income over the previous year,
- Joyfully meeting the increase in occupancy through prayer, inspiration, creative scheduling and the incredible flexibility of our highly qualified, professional and experienced staff,
- Witnessing numerous healings that strengthened and supported the growth of our dedicated staff,
- Having a dedicated Christian Science nursing trainer that expanded our outreach by:
 - responding to the need for more Christian Science nurses by training students for the ministry of Christian Science nursing,
 - readily responding to invitations for presentations and workshops,
 - more actively nurturing our staff with ongoing professional development and training,
- Raising \$88,000 for renovations to Sunrise Haven (thank you for your generous support!),
- Launching our new website at www.sunrisehaven.org, and of course,
- Witnessing daily God's presence and power through Christian Science healing. ■



Executive Director
Robin Banko

Recently, a Christian Science nurse at Sunrise Haven answered a call around 9:00 p.m. from someone who had fallen and needed help. The caller was over 100 miles, or two hours, away and transport to Sunrise Haven was a big question.

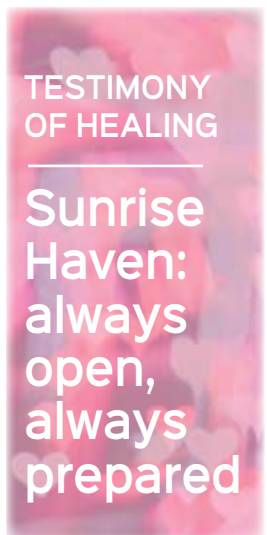
The patient said that, right after the fall, she called a Christian Science practitioner for Christian Science treatment and the practitioner pointed out that the patient was in her perfect place because all of God's ideas are in His perfect place. Nothing could be out of place, including anything within her body.

After prayerfully considering the ways and means, the Christian Science nurse drove his own car to pick up the patient and they arrived back at Sunrise Haven in the early morning hours.

In just 10 days, this patient was able to return to her family, using a walker, although she's rarely using it now as she continues to progress.

The patient said, "Although I had visited Christian Science nursing facilities before, this was my first stay in one. Sunrise Haven's environment was sweet and pure from the inside out. I love the Christian Science nurses and their cheerfulness, joy, expectancy of progress and their willingness to go the distance. I'm so grateful."

This is just one demonstration of many this past year that we've witnessed of Christian Science nurses' loving dedication and patients' healing progress. ■





Sunrise Haven is delighted to announce that the goal of raising \$88,000 for building renovations was reached by year-end 2016. Thank you to the many generous donors who answered our call for help!

While Sunrise Haven’s facility has been lovingly maintained over the past 15 years, it is now showing some obvious wear and tear. Vinyl flooring, carpet and interior paint need to be updated or replaced, and now these projects may begin as soon as possible.

Thank you from the bottom of our hearts for your prayerful and financial support of Sunrise Haven and Christian Science nursing. ■



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Sunrise Haven

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www.sunrisehaven.org

Visiting Us: Bring a friend; we'd love to give you a tour. Do call ahead though, so we can be sure a staff member is available to show you around.

Our vision:
**Humanity
loved, blessed, healed**

Our mission:
**Christian Science nursing
inspiring, loving and healing
humanity**

Services:

- 24-hour nursing care, including inpatient, outpatient, and relief care
- Consultation by phone or in-home
- Equipment rental
- Rest and study

Board of Trustees

Jim Anderson, CS	Dave Lowe
Amy J. Dehnert, CS	Kelly Michaels
Beverly Foltz, CS	Mark Schoening
Nanette Leatherwood	

Executive Director

Robin Banko
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Director of Christian Science Nursing

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