

Sunrise Haven

*Christian Science nursing
inspiring, loving and healing
humanity*

Fall 2017

From the Board of Trustees



Sunrise Haven Board of Trustees, L. to R.: Jim Anderson, Amy Dehnert, Mark Schoening, Kelly Michaels, Dave Lowe, Bev Foltz, Nan Leatherwood.

How does Christian Science nursing naturally fit into the lives of practicing Christian Scientists?

How does a facility play a part in the ministry of Christian Science nursing — both within our community and the Christian Science movement?

Early in 2015, the Board of Trustees and administration staff began thinking and praying about the answers to these questions, and started a multi-year internal and external review of Sunrise Haven.

The goal of this process was and continues to be to strengthen and enhance Sunrise Haven, ensure its financial stability and keep the organization in tune with the changing needs of our community at large.

The review started with a collaboration among staff, Christian Science nurses and the Board of Trustees, working and praying deeply together to develop new vision and mission statements. Then the Board conducted a review of its purpose and trustees' responsibilities. Next,

a team of Sunrise Haven staff and trustees updated the Sunrise Haven logo and redeveloped the entire website at sunrisehaven.org.

Sunrise Haven staff expanded their outreach efforts by traveling to each state in the region: Washington, Idaho, Montana, Wyoming and Alaska, giving Christian Science nursing workshops on various topics, visiting many branch churches and meeting Christian Scientists from all walks of life.

“For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.” Jeremiah 29:11 (NIV).

This year, the staff and trustees are prayerfully considering and documenting Sunrise Haven's values as an organization and taking a deep dive into strategic planning. The planning process includes defining specific goals and describing the action steps and resources needed to accomplish them.

Since beginning this review process, we've seen many more individuals using Sunrise Haven's services, and our financial status is debt-free and *continues on page 2*

Dedan Muganda, a Christian Science nurse at Sunrise Haven, is formerly a private duty Christian Science nurse and before that, a full-time Christian Science nurse at another Christian Science nursing facility. When he started at Sunrise Haven earlier this year, Dedan took our new vision and mission statements to heart. He keeps the vision statement in thought as he enters each patient's room: “Humanity loved, blessed, healed.” Dedan uses each of these Christian qualities: loving, blessing, healing, to guide what he's thinking about and sharing with each patient. As he prays with this spiritual guidance, Dedan finds that his Christian Science nursing ministry is so uplifted he doesn't get tired. Even when Dedan works a long shift he's able to cheerfully provide inspired, consistent, loving and prayerful Christian Science nursing care. ■



Dedan Muganda

A fruitful internship at Sunrise Haven

Erin Demaree

This summer, high school senior Erin Demaree interned at Sunrise Haven to fulfill part of her Discovery Bound National Leadership Council requirements. At a recent Board of Trustees meeting, Erin gave this report of her experience at Sunrise Haven.

“Truth not error, Love not hate, Spirit not matter, governs man.” (*Science and Health with Key to the Scriptures*, p. 420:3-4)

As a National Leadership Council (NLC) teen, this statement by Mary Baker Eddy is something I try to live and express every day. Recently, I have gotten to know a group of people that demonstrate this to the fullest, the Sunrise Haven staff. I have spent part of my summer working at Sunrise Haven and, so far, I have grown immensely through my experiences observing and participating in the wonderful healing activity that is Christian Science nursing.

NLC is a Discovery Bound organization that teaches leadership to Christian Science teens. Through this program, I have learned a lot, but my most rewarding experience has been my time at Sunrise Haven. As a senior in the program, this is my last NLC summer experience. Each NLC teen finds an organization for which they would like to intern to give back to the Christian Science community. My placement at Sunrise for this internship has been a healing and an example of right place. I have happily demonstrated that what blesses one blesses all. From supporting on the nursing floor, to aiding the kitchen staff, assisting in the office, and helping the maintenance staff, I have seen all the different facets of the beautiful work done



here, and I am continually amazed by the joy, grace, and tender love expressed by everyone on staff and the patients.

The most impactful experiences have been the two Bible studies that were held while I interned. Patients and staff came together in the Day Room and talked about the stories of Jacob's ladder and the Canaanite woman from past weeks' Lesson-Sermons. It has been wonderful to hear everyone's insights on these stories and the ideas that they express. The Bible studies were two of many examples of the expression of Life and dominion that I observed at Sunrise Haven. I am very grateful to have seen the true meaning of Christian Science nursing and I will take the lessons of inspiring, loving, and healing humanity (from Sunrise Haven's vision statement) forward with me. ■

From the Board of Trustees, continued from page 1

growing. This year, generous donations from the community supported a renovation, including updated painting and flooring, underway this fall.

At each Board of Trustees' meeting, the staff and trustees share examples of how the new vision and mission statements are blessing their daily work for Sunrise Haven. The trustees loved

hearing how Christian Science Nurse Dedan Muganda is taking Sunrise Haven's vision statement to heart and using it in his Christian Science nursing ministry, and how Intern Erin Demaree is taking these concepts with her as she starts her senior year in high school (read Dedan's story on the front page and Erin's story on this page, above). ■

According to the Association of Organizations for Christian Science Nursing (AOCSN), there are 16 Christian Science nursing facilities worldwide with Christian Science nurses training programs. Of these, there are 10 facilities with accredited Christian Science nurses training programs, including Sunrise Haven's Christian Science nursing training program (find out more at sunrisehaven.org/christian-science-nurses-training). The accrediting body is The Commission for Accreditation of Christian Science Nursing Organizations/Facilities ("The Commission").

At an AOCSN meeting in Phoenix, AZ in May, the AOCSN Education Committee announced that it had recently completed an extensive project to find a consensus on objectives for each level of training and on the desired outcomes of the topics taught in a Christian Science nursing program.

Education Committee Chair Penny Swank began her report with gratitude for "the loving friendship and unity of purpose that characterizes the Education Committee."

She continued, "Nearly two years ago, the AOCSN Executive Committee asked the Education Committee to come up with a document that would articulate a unified approach to what is taught in Christian Science nursing training programs. By 'unified approach' the Education Committee agreed that there would be common core topics taught in Christian Science nursing programs, that the skills learned within the programs would be recognized and transferable from place to place (whether in a home or facility setting), and that all Christian Science nurses would demonstrate

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in his or her own practice, a basic level of competence in these core topics in order to be listed in *The Christian Science Journal*. Unity and consistency are important in order to avoid Christian Science nurses having to be retrained when they moved from one facility to another, as was brought to the attention of the AOCSN. So, the Executive Committee asked that this document be given to all Christian Science nursing organizations to promote consistency in the content of the various programs."

The document would also be made available to:

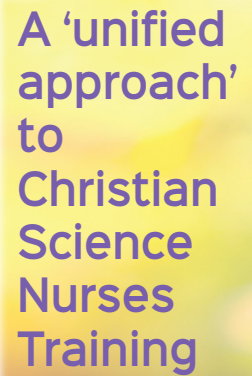
- donors providing scholarships and other resources for Christian Science nurses training,
- individuals outside Christian Science circles, possibly authorities in government programs or insurance companies,

- individuals interested in learning what is taught in a Christian Science nurses training program.

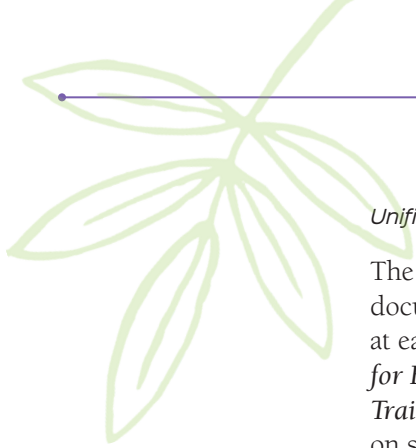
A smaller sub-committee, including Sunrise Haven's Christian Science Nursing Trainer Patty Nuernberg, took on the detailed work of "dissect(ing) each topic, paragraph, sentence, word, and punctuation in an effort to craft documents that were clear, honest, and unambiguous when

describing the topics included in Christian Science nurses training programs." This group's "sincere desire to learn from each other helped us, in the spirit of collaboration, to meet, share, listen, and find a consensus on objectives for each level of training and on the desired outcomes of the topics taught in a Christian Science nursing program."

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A 'unified approach' to Christian Science Nurses Training



Unified approach ... continued from page 4

The outcome of the Committee's efforts is two documents: one summarizing what is taught at each level of training, titled "Objectives for Each Level of Christian Science Nurses Training Programs," and the other focusing on specific core topics that were identified as integral to the program, "Core Topics and Desired Outcomes for Christian Science Nurses Training Programs."

The Education Committee concluded their report: "...let (us) reiterate that even while we teach best practices in mobility, cleanliness, foods, and so forth, our instruction is established on a solid spiritual foundation wherein:

- We recognize that our Father-Mother God is truly the teacher, guide, and mentor for each individual preparing to represent himself or herself as a Christian Science nurse.
- We know that preparation is an individual demonstration that involves listening,

... our instruction is established on a solid spiritual foundation ...

obedience, trust, courage, and a deep love for God and man.

- We acknowledge that the Comforter, divine Science, is revealing to this age the healing truth of man's sinlessness, wholeness, innocence, and purity.

All true care expresses God's care for man. Here is the essence of Christian Science nursing.*

*Quoted with permission from the "Report from the AOCSN Education Committee, Penny Swank, Chair."

For anyone interested in learning more about this "unified approach" in Christian

Science nurses training, the two documents produced by the AOCSN are available on Sunrise Haven's website, at sunrisehaven.org/christian-science-nurses-training-AOCSN or by calling our business office at (253) 813-2096 x. 4. ■

What is Christian Science Nurses Training?

Christian Science nurses training develops one's innate ability to nurse, including the metaphysical clarity and the practical skills necessary to fulfill the *Church Manual* Bylaw, "Christian Science Nurse." Class assignments and in-depth concordance work help focus and inspire the student to see Christian Science nursing in a new light. Trainees are introduced to the foundational standards, ethics, judgment, and skills necessary for the healing ministry and practice of Christian Science nursing. Completing all the courses is excellent preparation for listing in *The Christian Science Journal*.

Requirements to enter Sunrise Haven's Christian Science nursing training class are:

- Membership in The Mother Church.
- Membership in a branch church or society.
- Testimonies, including physical healings, of how you have used Christian Science in your own life, demonstrating your understanding and clear practice of Christian Science.
- Primary class instruction in Christian Science.
- Ability to read, write and speak English clearly.

For more information, visit sunrisehaven.org/christian-science-nurses-training ■

Our mission at Sunrise Haven calls us to inspire, love and heal humanity moment-by-moment, day-by-day. Mary Baker Eddy so beautifully explains, “Love inspires, illumines, designates and leads the way.” (*Science and Health*, 454:18-19)

Communicating our mission, both outside Sunrise Haven and within Sunrise Haven, is sometimes a challenge. Many people have preconceived ideas of what Christian Science nursing is or isn't. Often, until they need Christian Science nursing themselves or for a loved one, they aren't thinking much about Christian Science nursing or Sunrise Haven.

Recently, a patient's family member said that she had been “away” from Christian Science for many years. Bringing her mother to Sunrise Haven and visiting her here gave this daughter such a deep feeling of “coming home” because of the overflowing Christian love expressed by our staff and Christian Science nurses. I hear stories like this at Sunrise Haven all the time. People who are familiar with Christian Science, and those that aren't, are witnessing along with us the power of God as Love and the role of Christian Science nursing in healing.

Also, I am always thinking about how our mission supports our Christian Science nurses and staff. Over the past few months, I have seen a sincere sharing, listening, and a strong desire to enhance our love and care for one another. In this effort, I'm always praying for God's guidance in removing limitations and impositions, expanding the effectiveness of our communication and seeing how every facet of our organization – trustees, management, housekeeping, food service, Christian Science nurses training and Christian Science nursing – can strengthen and enhance our pure, Christly ministry at Sunrise Haven.

Because it's also my job to help the community understand our mission, I have made it a goal to visit as many Christian Science churches in the area as possible. So far, I've visited 20 Christian Science churches throughout the Seattle area, in eastern Washington and Boise, Idaho.



Sunrise Haven on the road in Boise, ID

L. to R.: Peggy Gautschi, Robin Banko, Jan and Dick Allman

It's heartwarming to attend a Sunday or Wednesday service and touch base with so many Sunrise Haven supporters, make new friends, and hear the deep gratitude and joy for the many ways Christian Science nursing and Sunrise Haven has touched individuals and churches.

During these visits, I've been asked, “Can you tell me more about your Christian Science nurses training program?” or “Someone needed help at church and we'd like to be better prepared to meet an unexpected need. Can you help us learn more?” Yes!

We are available to come to your church with our Christian Science nursing presentations, programs or training. If you or your church could benefit from this, please contact me, or visit our website at sunrisehaven.org/christian-science-nurses-training. All of us at Sunrise Haven lovingly stand ready to help and support you. ■

Executive Director's Report

Robin Banko

» Support Sunrise Haven with (a) Smile! «

If you make purchases on Amazon.com, you can support Sunrise Haven at the same time. The Amazon Smile program is easy to use. Visit smile.amazon.com and select Sunrise Haven as your charitable organization of choice. Every time you make a purchase, Amazon will donate 0.5% of your purchase to Sunrise Haven. Thank you!



Gratitude from a patient's family member

"Dear Sunrise Haven,

*The name, Sunrise Haven, is so appropriate for the loving atmosphere and the sense of home we experienced while my mom resided there. **The entire staff exemplified professionalism, integrity, and love, while providing a haven of spiritual inspiration and calm support.** The facility is beautiful and is in a lovely setting, conducive to quiet reflection and study. I so appreciated the welcome smiles and the genuine care, all wrapped up in a warm sense of, not, everything will be fine, but everything IS fine.*

*I am especially thankful for their confidence during a feeling of frantic business affairs in fulfilling my mom's level of long-term care requirements. **The staff invariably brought me back 'home' to the reality of God's Love and purpose.** They're fortunate I don't live closer, I may have overstayed my, and my dog's welcome (thanks for welcoming my dog).*

***Thank you so much for the level of knowledge and professional care you provided,** coupled with the Spiritual and Faithful care bestowed for my mom, which was equally awe-inspiring for her family.*

My mom is now doing well at home with family nearby, and with the help of Christian Science nurses, to whom we are very grateful and comforted.

*I enjoyed meeting all of you, and **am strengthened by your commitment to quality care and faithful prayer.***

All my love, C.W.



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800-641-1718

www.sunrisehaven.org

Visiting Us: Bring a friend; we'd love to give you a tour. Do call ahead though, so we can be sure a staff member is available to show you around.

Our vision:

**Humanity
loved, blessed, healed**

Our mission:

**Christian Science nursing
inspiring, loving and healing
humanity**

Services:

- 24-hour nursing care, including inpatient, outpatient, and relief care
- Consultation by phone or in-home
- Equipment rental
- Rest and study

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